



Ex 3 – Depth of Theory

Worksheet

Consider the following questions:

1. What is the difference between theory of self/personality, history, patterns of relating and theory of practice?
2. Consider each of these modalities: Person-Centred, Psychodynamic, CBT & Integrative. What understanding would you be expecting to see at L2, L3 & L4?
3. Where would you look for evidence of a good understanding and application of theory at L2, L3, L4?
4. What links would you be expecting learners to make between theory and practice at L2, L3 and L4?
5. What suggestions would you give to weaker candidate to strengthen theoretical evidencing at each level?