



CST-L3 Case study presentation template

Client details (gender, age etc.).

Why the client has come to you for counselling?

What the client would like to achieve from counselling?

How did you work ethically and safely?

How did you work with the stages of the counselling relationship?

Outline what happened in the counselling sessions.

How did you work with difference and diversity?

How did your self-awareness inform the counselling work?

How does your counselling theory help you understand this client?

What issues do you need to bring to group training supervision?

What have you learnt from this experience?