



## LC-L4 - Supervision Log

---

Your *Supervision Record* should map to your client record.

Date	Type of supervision group*/individual	Super. hrs claimed	Client**	Focus & outcome

\* The Association for Coaching guidelines on supervision state that ‘best practice would be no less than quarterly and ideally monthly. Candidates who have lower case load may consider attending group rather than one-to-one supervision’. We would recommend that candidates have monthly supervision whilst training. (Candidates can gain membership of this organisation which has its own ethical framework)

\*\* BACP recommends a minimum of 1 hour of individual clinical supervision for every 8 hours client work (for trainees) and not less than 1½ hours per month (or the equivalent if in group supervision).

\*\*\* Ensure client confidentiality by using letters or numbers