



2011-12

Qualification Document

Level 6 Certificate in Therapeutic Counselling Supervision (TCSU-L6)

TCSU-L6 is accredited by the Office of the Qualifications & Examinations Regulator (Ofqual) into the Qualifications and Credit Framework (QCF)

Qualification Number: 500/8222/X

Sector endorsement: Skills for Health

Sector subject area: 01.3 Health and Social Care

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Find a Counsellor - www.findacounsellor.info - is an online directory sponsored by CPCAB and designed to put potential clients (or employers) in direct touch with counsellors.

It provides the ability to search for a suitable counsellor using several different search criteria, for example:

- Location (map-based search, or else via post-code, town, county, country etc)
- Area(s) of special expertise
- Language spoken
- Type of client seen
- Gender

The search facility is free to use, whilst inclusion in the directory (available only to fully qualified counsellors) currently costs just £29.95 per year!

1. Qualification information

Qualification structure	1 mandatory unit: Working as a Therapeutic Counselling Supervisor (F/601/0010)
Target candidates	This unit/qualification is for experienced counsellors who want to learn the skills of supervision to supervise counsellors working at service levels A and B. ¹ Participants will need to: <ul style="list-style-type: none"> ➤ have both supervisees and supervisory supervision ➤ be themselves working as counsellors under supervision
Level	6
Guided learning hours	90 (minimum)
Credit value	33
Minimum Age	19 years. ²
Entry requirements	Candidates must have achieved either : <ul style="list-style-type: none"> ➤ CPCAB <i>Level 5 Diploma in Psychotherapeutic Counselling</i> OR the CPCAB <i>Level 5 Diploma in Cognitive Behavioural Therapeutic Skills and Theory</i> (or their RPL equivalents) and at least one year's post qualifying experience of supervised client work. <p>Or must have achieved:</p> <ul style="list-style-type: none"> ➤ CPCAB <i>Level 4 Diploma in Therapeutic Counselling</i> (or its RPL equivalent) and at least two years post-qualifying experience of supervised client work. <p>Also see candidate entry requirements in section 5.</p>
Progression	There is currently no further progression route within CPCAB's qualifications. See section 6 for details of the CPCAB progression route.
Assessment	Tutor-assessed candidate portfolio, evidencing minimum assessment requirements.

¹ See the TCSU-L6 Tutor Guide for a description of these (and other) service levels.

² This age requirement is linked to Ofqual's system for categorising qualifications.

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Additional assessment requirements	Externally assessed case review (3,000 –3,500 words). ³
Grading system	Pass.
Personal counselling or therapy (for trainee)	None required.
Supervision work experience	A minimum of 15 hours of supervision work.
Requirements for supervisory supervision	<p>A minimum of 5 hours supervisory supervision hours with a senior/experienced clinical supervisor. This can be either one-to-one or in a group⁴.</p> <p>There should also be regular supervision of supervision groups as part of the training course</p>
Staffing and other resources	<p>At least two tutor-assessors must be involved in all aspects of internal candidate assessment.</p> <p>See section 4 concerning staff qualifications and experience.</p>
Internal Moderation and Verification	Centres are required to have robust internal moderation and verification processes which are externally verified by CPCAB
Candidate Registration Fee	£229
Centre application for CPCAB approval to offer the qualification	<p>Centre application fee: £249 (one-off fee).</p> <p>Centres can design their own training programmes⁵ or use approved course material written to CPCAB specifications.⁶</p>

³ Candidates must be Proficient in both internal and external assessment to receive the qualification.

⁴ Group supervision time should be calculated using standard BACP guidance.

⁵ All centre designed courses must be submitted to CPCAB for approval before candidates can be registered. Although the delivery of courses may differ from centre to centre, all delivery must enable the candidates to achieve the learning outcomes specified in the units.

⁶ Please contact CSCT on 0870 163 6900 or visit www.counsellingtraining.com for further details.

2. Unit summary

Qualification Number:	500/8222/X
Unit title:	Working as a Therapeutic Counselling Supervisor
Unit Reference Number:	F/601/0010
Level:	6
Guided Learning Hours	90
Credit value:	33
Learning outcomes: (<i>skills, knowledge, understanding</i>)	Assessment Criteria (<i>to assess learning outcome</i>)
The learner will/will be able to:	The learner can:
1. Model and supervise the professional framework	1.1 Work within an ethical and legal framework for supervision 1.2 Work within own limits of proficiency 1.3 Research and access appropriate personal and professional support 1.4 Support and challenge counsellors to: <ul style="list-style-type: none"> ▪ work within an ethical and legal framework ▪ work within their limits of proficiency ▪ manage referrals ▪ research and access appropriate personal and professional support
2. Model and supervise the skilled use of the relationship	2.1 Establish and sustain the boundaries of the supervision relationship 2.2 Manage the stages of the supervision relationship 2.3 Use theory, research and skills to enhance the supervision relationship 2.4 Support and challenge counsellors to: <ul style="list-style-type: none"> ▪ establish and sustain the boundaries of the counselling relationship ▪ manage the stages of the counselling relationship ▪ use theory, research and skills to enhance the therapeutic relationship
3. Model and supervise the use of theory and research on diversity	3.1 Use theory and research on diversity to inform and enhance supervision work 3.2 Support and challenge counsellors to: <ul style="list-style-type: none"> ▪ use theory and research on diversity within counselling work ▪ explore and challenge personal issues, fears and prejudices concerning working with diversity

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| 4. Model and supervise a user-centred approach to the work | 4.1 Negotiate an agreement for supervision that meets the counsellor's needs |
| | 4.2 Maintain a focus on the counsellor's supervision needs |
| | 4.3 Support and challenge counsellors to: <ul style="list-style-type: none">▪ use a coherent assessment strategy that meets the client's needs▪ work within a user-centred agreement▪ maintain a user-centred focus throughout the counselling work |
| <hr/> | |
| 5. Model and supervise the skilled use of the self | 5.1 Use self-awareness in supervision work |
| | 5.2 Support and challenge counsellors to: <ul style="list-style-type: none">▪ develop self awareness and their use of self in counselling work▪ manage the psychological impact of client material on their personal well-being and professional functioning |
| <hr/> | |
| 6. Model and supervise the coherent use of theory, research and skills | 6.1 Critically evaluate different approaches to supervision |
| | 6.2 Use a coherent theoretical framework within supervision work |
| | 6.3 Use research findings to inform and enhance supervision work |
| | 6.4 Use supervision skills and techniques associated with own theoretical approach to enhance supervision work |
| | 6.5 Support and challenge counsellors to: <ul style="list-style-type: none">▪ work within a coherent framework of theory and skills▪ work effectively with common life problems and common mental health problems |
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| 7. Model and supervise the self-reflective practitioner | 7.1 Reflect on and evaluate supervision work |
| | 7.2 Use appropriate professional support to monitor and enhance supervision |
| | 7.3 Manage own professional development as a counselling supervisor |
| | 7.4 Support counsellors to: <ul style="list-style-type: none">▪ reflect on and evaluate their counselling practice▪ develop their use of supervision▪ manage their professional development |
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Go to www.cpcab.co.uk/downloads for a TCSU-L6 tutor guide which includes guidance to criteria and notes for tutors.

3. Assessment programme – minimum requirements

Candidates must be assessed as **Proficient** in all 7 learning outcomes of the mandatory unit and must be assessed as **Proficient in external assessment** to achieve the qualification.

Candidates must give **two** pieces of evidence for each criterion. In addition the Candidate Learning Record, when complete, must include references to all three assessment methods (documents, tutor observation and testimony).

INTERNAL ASSESSMENT – must include all three methods of assessment		
Programme activities	Assessment method ⁷	Types of evidence (2 references for each assessment criterion)
Professional discussion and workshops Seminars, personal development workshops and group work Projects and presentations Review of skills and supervisory work Review of learning	Documents	<ul style="list-style-type: none"> ❖ Learning review⁸ ❖ Supervisee record (15 hours) ❖ Supervisory supervision record – 5 hours ❖ 2 written assignments (2,500 words) ❖ Self-review⁹
Assessed skills practice Assessed case presentations Workplace simulations	Tutor observation	<ul style="list-style-type: none"> ❖ 1 tutor-observed supervision practice session ❖ 1 case presentation¹⁰
Workplace experience (15 hours) Skills practice Group work Case presentations Training group supervision (approx 10 hours) Seminars and workshops Tutorials	Testimony	<ul style="list-style-type: none"> ❖ 1 supervisor’s report ❖ Peer feedback
EXTERNAL ASSESSMENT		
Candidates complete a structured case review (3,000 –3,500 words). This is sent to CPCAB for assessment. ¹¹		
MARKING SCHEME		
Internal assessment:	Candidates must achieve all 7 learning outcomes of the unit to be assessed as Proficient.	
External assessment:	Candidates must achieve at least ONE mark in each section of the case review and an overall mark of 11 out of 21 to be assessed as Proficient.	

⁷ Proforma and guidesheets for internal assessment can be downloaded from the tutor CD or CPCAB website.

⁸ This is an on going review of learning during the course (also called a “learning journal”).

⁹ Self-evaluation of learning, goals, progress, learning needs and completion of the learning tasks (criteria).

¹⁰ This case presentation can be linked to the case review sent to CPCAB for external assessment.

¹¹ Guidance and exemplar material is available for download from the tutor CD or CPCAB website.

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4. TCSU- L6 - Tutor-assessor qualifications and experience

The core tutor-assessor needs to be an experienced therapeutic counselling practitioner, an experienced trainer and group-worker, and an experienced counselling supervisor. Additional members of the tutor team may bring varied strengths but each needs to be an experienced therapeutic counselling practitioner, a developing trainer and group-worker, and a developing counselling supervisor.

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Tutor	Minimum qualification	Personal therapy + professional accreditation	On-going CPD	Minimum practice experience	Minimum experience as tutor
Core tutor	Therapeutic counselling diploma (min 450 hours) AND Supervision qualification OR ... 3 years experience of supervising	Min 40 hours personal therapy AND ... member of a professional association	Relevant and current professional CPD Current practitioner	450 hours post-qualifying supervised counselling practice AND ... 2 years post-qualifying experience of supervising in agency / independent setting	Evidence of ability to teach and facilitate at level 6.
Additional tutor(s)	Therapeutic counselling diploma (min 450 hours) AND 2 years experience of supervising	Min 40 hours personal therapy AND member of a professional association	Personal Professional Current practitioner	1 year post qualifying supervised counselling practice AND either experience of assessment OR in a supervisory role	Trainer in related field (human relations, professional development etc)

5. TCSU L6 - Candidate entry requirements

This qualification is not suitable for those who are currently in a state of severe emotional difficulty and/or severe psychological confusion. Centres need to ensure that all potential trainees are made aware of the nature of the course, and in particular that the course involves experiential elements that will involve some personal disclosure and associated personal developmental activities.

Title	Age	Prior qualifications/RPL	Criteria considered important for selecting candidates
TCSU-L6	19 or over	PC-L5 or CBT-L5 (or equivalent units / credit / RPL), plus min. 1 years supervised practice (post-level 5) OR ... TC-L4 (or equivalent units / credit / RPL) and prior training, plus min. 2 years supervised practice (post-TC-L4)	<ul style="list-style-type: none"> ✓ Provide references ✓ Academically and emotionally able to cope with this level of training. ✓ Ability to work with difference and diversity. ✓ Possess personal qualities, imagination, intuition, openness and ability to benefit from self-development. ✓ Possess the qualities appropriate for a supervision relationship. ✓ Have self-awareness, insight, honesty and the ability to make links. ✓ Emotional stability and the absence of personality disturbance. ✓ Ability to challenge and be challenged. ✓ Ability to respond sensitively and empathically to others. ✓ Ability to model professional attitudes and behaviour.

6. Progression routes

There is currently no further progression route beyond TCSU-L6 within CPCAB qualifications:

