

# Foundation Degree in Counselling



The Open  
University

CPCAB in partnership with The Open University

## How does it work?

This foundation degree is made up from:

- › a combination of CPCAB **work-based** qualifications delivered in FE colleges or private training centres; plus:
- › **knowledge-based** learning from the Open University delivered via distance learning. The knowledge-based modules may be taken before, during or following completion of the work-based qualifications.



### Foundation Degree entry requirements

CPCAB Level 2  
Certificate in  
Counselling Skills  
(CSK-L2)

plus

CPCAB Level 3  
Certificate in  
Counselling Studies  
(CST-L3)

or

Open University  
Introduction to  
Counselling (D171)

Step 1

### Centre assessment interview

plus

CPCAB Level 4 Diploma in  
Therapeutic Counselling  
(TC-L4)  
120 credits

Step 2

Choose either

CPCAB Level 5  
Diploma in  
Psychotherapeutic  
Counselling  
(PC-L5)

30 credits

or

CPCAB Level 5  
Diploma in  
Cognitive  
Behavioural  
Therapeutic Skills  
and Theory (CBT-L5)

30 credits

Step 3

Complete the Open University module  
*Counselling: exploring fear and sadness* plus  
any combination of the following modules  
totalling 60 credits.

**Counselling: exploring fear and sadness (D240)**  
30 credits

plus

**Exploring psychology (DSE212)** 60 credits

**Child development (ED209)** 60 credits

**Diverse perspectives on mental health (K225)** 30 credits

**Challenging ideas in mental health (K272)** 30 credits

**Death and dying (K260)** 30 credits

**The science of the mind: investigating mental health (SDK228)** 30 credits