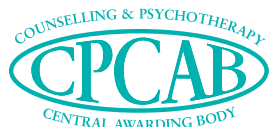


# Foundation Degree in Counselling



The Open  
University

CPCAB in partnership with The Open University

## Foundation Degree entry requirements

Entry requirements are CPCAB's *Level 2 Certificate in Counselling Skills* plus either CPCAB's *Level 3 Certificate in Counselling Studies* or the Open University's *Introduction to Counselling*.

Step 1

**CPCAB Level 4 Diploma in Therapeutic Counselling (TC-L4)**

120 points

Step 2

Choose either CPCAB's *Level 5 Diploma in Psychotherapeutic Counselling* or CPCAB's *Level 5 Certificate in Cognitive Behavioural Therapeutic Skills and Theory*.

CPCAB Level 5  
Diploma in  
Psychotherapeutic  
Counselling  
(PC-L5)

30 points

CPCAB Level 5  
Diploma in Cognitive  
Behavioural  
Therapeutic Skills and  
Theory (CBT-L5)

30 points

Step 3

You must complete the Open University module *Counselling: exploring fear and sadness* plus any combination of the following modules totalling 60 points.

**Counselling: exploring fear and sadness (D240)**

30 points

plus

**Exploring psychology (DSE212)**

60 points

**Child development (ED209)**

60 points

**Diverse perspectives on mental health (K225)** 30 points

**Challenging ideas in mental health (K272)** 30 points

**Death and dying (K260)** 30 points

**The science of the mind: investigating mental health (SDK228)** 30 points

## How does it work?

This foundation degree is made up from:

- › a combination of CPCAB **work-based** qualifications delivered in FE colleges or private training centres; plus:
- › **knowledge-based** learning from the Open University delivered via distance learning. The knowledge-based modules may be taken before, during or following completion of the work-based qualifications.

