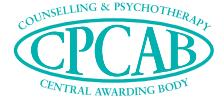


the only awarding body

run *by* counsellors

for counsellors



Level 2

Certificate in
Introduction to
Counselling Skills
(ICSK-L2)

Level 2

Certificate in
Counselling Skills
(CSK-L2)

Level 3

Certificate in
Counselling Studies
(CST-L3)

Who are these qualifications for?

Our Level 2 qualifications, *Certificate in Introduction to Counselling Skills (ICSK-L2)* and *Certificate in Counselling Skills (CSK-L2)* will benefit candidates who want to gain basic counselling skills to help and support others either in a voluntary or employed capacity.

These qualifications can be started without any prior training or experience: they won't teach candidates to be a counsellor but they may help them to decide whether they want to train to become one.

The next step

That's where our level 3 qualification comes in: *Certificate in Counselling Studies (CST-L3)* is designed for candidates who have successfully completed CPCAB's Level 2 *Certificate in Counselling Skills* or its equivalent and want to take the next step in training to become a counsellor. These students will probably want to take this qualification as a preparation for more in-depth training in counselling. Successful completion of CST-L3 means that they will be ready to undertake workplace experience as part of that training.

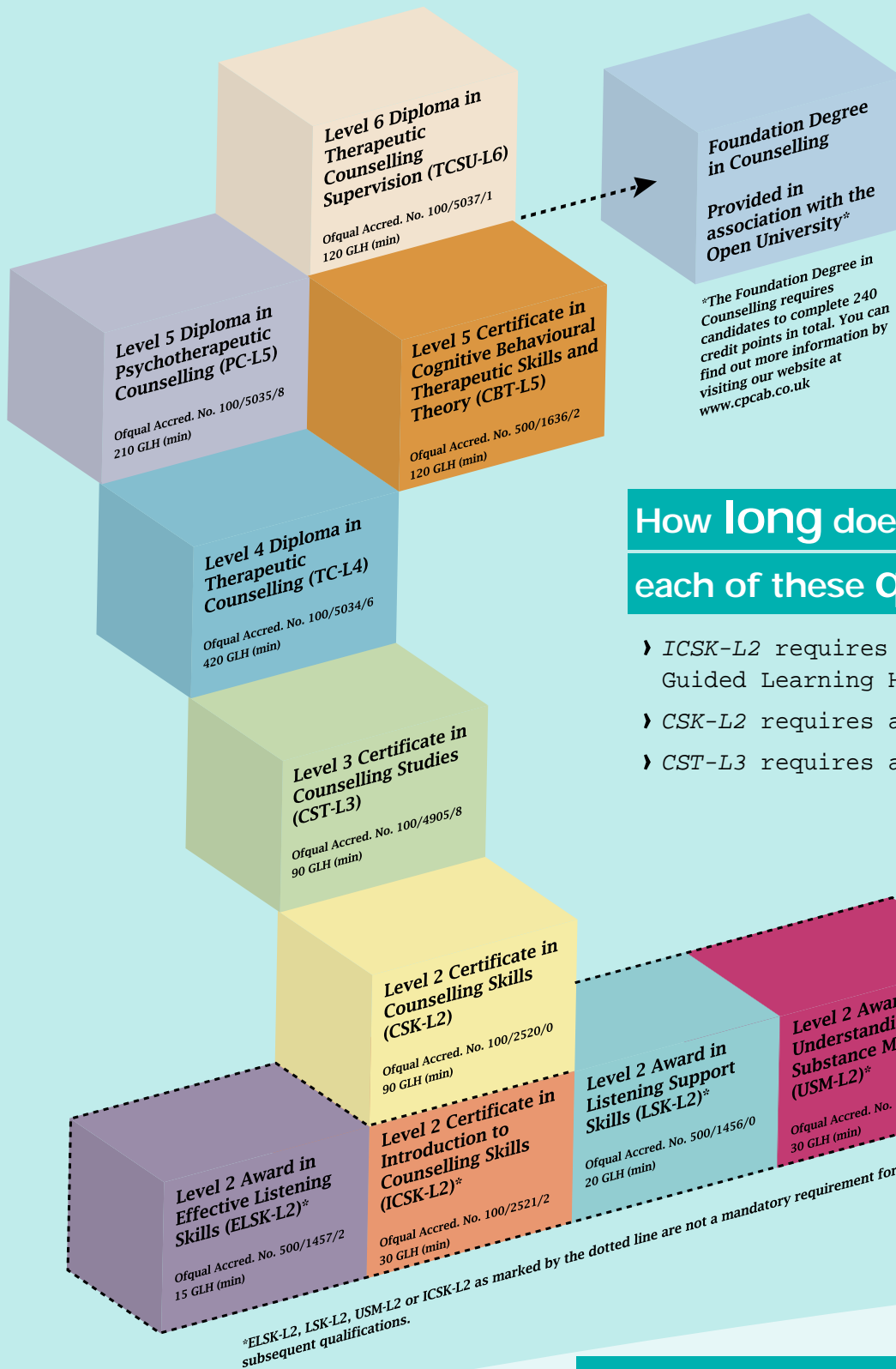
Making progress

CPCAB offers two related groups of qualifications which enable candidates to gain greater competence in counselling and helping. These are:

- › *Professional counselling route* – for students who want to train to become a professional counsellor our qualifications lead them from entry level to practitioner status and beyond. Gaining our qualifications enables candidates to apply to practise as a registered counsellor.
- › *Counselling skills progression route* – for students who want to develop their counselling skills but do not want to become professional counsellors. This route is often taken by those working in the health and social care sector, the voluntary sector and in human resources.

See overleaf for a diagram of our progression route.





How long does it take to gain each of these qualifications?

- › ICSK-L2 requires a minimum of 30 Guided Learning Hours (GLH)
- › CSK-L2 requires a minimum of 90 GLH
- › CST-L3 requires a minimum of 90 GLH.

How does my centre benefit?

These qualifications provide significant quantifiable benefits for your centre:

- › they attract considerable funding
- › they provide students with essential emotional and social skills
- › you will meet government education requirements.

How do I find out more?

To find out more about how Certificate in Introduction to Counselling Skills, Certificate in Counselling Skills and Certificate in Counselling Studies can add value to your curriculum, please visit our website at www.cpcab.co.uk or contact us on **01458 850350**.

