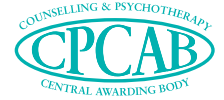


the only awarding body

run by counsellors

for counsellors



Level 2

Certificate in

Introduction to

Counselling Skills (ICSK-L2)

Is this qualification for you?

If you want to gain basic counselling skills to help and support others either in a voluntary or employed capacity Introduction to Counselling Skills will enable you to do so.

You can start this qualification without any prior training or experience and although it won't teach you to be a counsellor it may help you to decide whether you want to train to become one.

What will I learn?

By taking this qualification you will learn how to:

- › use initial counselling skills safely
- › establish the helping interaction
- › communicate your understanding of the other person's concerns
- › focus on another person's agenda
- › use initial counselling skills with self awareness
- › use initial counselling skills within the helping interaction
- › use study skills within the learning process.

How can I make more progress in this subject?

We offer two related groups of qualifications which enable you to gain greater competence in counselling and helping. These are the:

- › Professional Counselling Route - if you want to train to become a professional counsellor our qualifications will lead you from entry level to practitioner status and beyond. You will gain the qualifications which enable you to apply to practise as a registered counsellor.
- › Counselling Skills Progression Route - if you want to develop your counselling skills but do not want to become a professional counsellor. This route is often taken by those in the health and social care sector, the voluntary sector and in human resources.

How do I find out more?

You can find more information about our full range of counselling and helping qualifications at

www.cpcab.co.uk or call us on 01458 850350.

