



Level 5

Diploma in

Psychotherapeutic

Counselling (PC-L5)

46 credits

Independent Practitioners' Qualification

Aiming to become a senior agency counsellor and/or an independent practitioner? Achieve this by completing the *Level 5 Diploma in Psychotherapeutic Counselling*. This qualification will help you to develop a deeper understanding of counselling knowledge, skills and the therapeutic process, in particular; you will develop essential client assessment skills.

For entry to PC-L5 you will need to have already completed the CPCAB *Level 4 Diploma in Therapeutic Counselling* or an equivalent qualification.

NEW Foundation Degree in Counselling

This qualification is an essential component of the Open University's Foundation Degree in Counselling. It contributes 30 credits toward the 240 credits required for the degree. Candidates wishing to work toward the Foundation Degree will need to have **the 120 credits gained only from CPCAB Level 4 Diploma in Therapeutic Counselling**.

The benefits to you of completing a PC-L5 qualification

This diploma provides:

- › Research informed Continuing Professional Development
- › A framework for client assessment
- › Competence and experience based learning
- › An opportunity to engage in stimulating in-depth study of the therapeutic process
- › Time to develop your knowledge to work in a specific clinical area and to share that with a highly motivated group of fellow practitioners
- › The opportunity to more fully understand the theories contributing to psychological change
- › The opportunity to work towards a Foundation Degree.

In addition, this qualification responds to:

- › standards 1, 2 and 3 of the National Service Framework for Mental Health
- › the Layard Report which calls for a substantial increase in the number of psychological therapists
- › counsellors' need to work with common mental health issues
- › the need for counsellors to work towards professional memberships
- › the NHS need for highly qualified counsellors as specified in the Agenda for Change (bands 5 - 7)
- › NICE guidelines for the treatment of anxiety and depression.



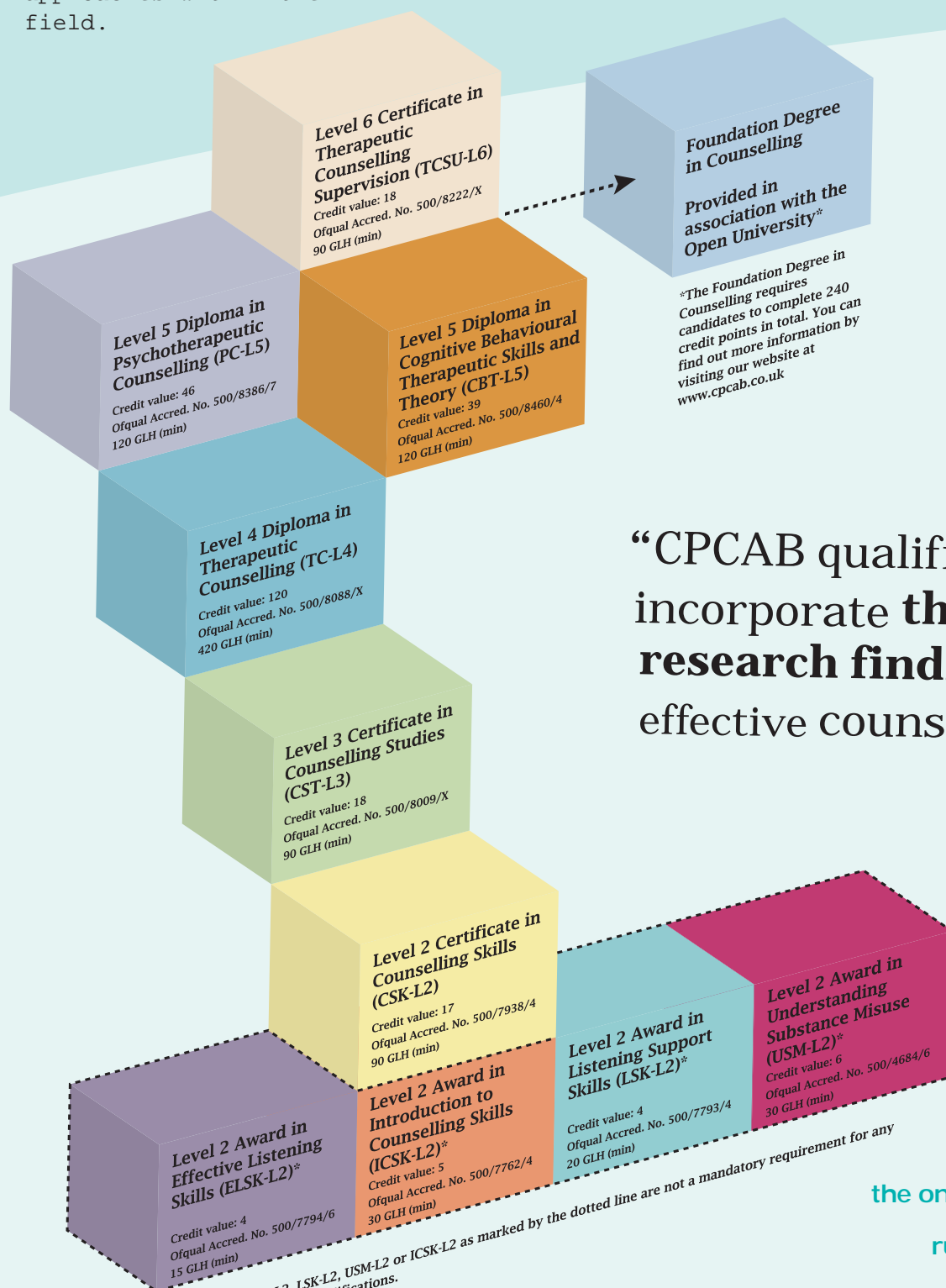
The CPCAB practitioner

model integrates:

- › the latest research findings on the principles of effective counselling
- › a framework for levels of counselling and psychotherapy services that fits with the latest Department of Health mental health strategy
- › a generic framework of therapeutic methods that accommodates the broad range of different theoretical approaches within the field.

CPCAB qualifications enable counsellors to:

- › provide effective services that are research-informed
- › play a central role in the promotion of mental health and well-being and contribute to the latest Department of Health 10-year strategy
- › provide modality-specific services that have been assessed against generic national standards.



“CPCAB qualifications incorporate **the latest research findings** on effective counselling”



the only awarding body

run by counsellors

for counsellors

*ELSK-L2, LSK-L2, USM-L2 or ICSK-L2 as marked by the dotted line are not a mandatory requirement for any subsequent qualifications.