

# Double the credit of any comparable qualification!

Level 4

Diploma in

Therapeutic Counselling

120 credits

(TC-L4)

## Who is this qualification for?

Our Level 4 qualification, *Diploma in Therapeutic Counselling* will benefit students who want to train to become a counsellor working in a counselling service agency. Successful completion of this course will enable trainees to provide a therapeutic counselling service within the context of an agency's service framework.

To benefit from this qualification candidates should already hold a CPCAB Level 3 *Certificate in Counselling Studies* or its equivalent and prior counselling skills training. In addition, all counselling agencies should provide trainees with a service framework that includes both a line manager and clinical supervision.

This qualification requires a minimum of 420 Guided Learning Hours (GLH) to complete successfully.

## What will students gain from this training?

The *Diploma in Therapeutic Counselling* provides:

- › coherent vocational and professional counselling training
- › a competence based training which highlights the development of skilled practice via experiential learning
- › specific training for the role of counsellor in an agency
- › the opportunity to learn a wide range of counselling theories and approaches.
- › a pathway into the Open University Foundation Degree in Counselling.

This qualification also responds to:

- › standards 1, 2 and 3 of the National Service Framework for Mental Health
- › the Layard Report which calls for a substantial increase in the number of psychological therapists able to work with common mental health issues
- › the need for counsellors to work towards professional memberships
- › NICE guidelines for treatment of anxiety and depression.

## How can I market this course successfully?

Feedback from students already on this course shows that they are mainly enthused by its practical nature and the potential for employment. Consequently, the key to engaging prospective candidates' interest lies in emphasising these benefits. This qualification is worth 120 credits at level 4.

## Progression

Successful candidates may progress onto our *Level 5 Diploma in Psychotherapeutic Counselling (PC-L5)* *Level 5 Diploma in Cognitive Behavioural Therapeutic Skills and Theory (CBT-L5)* and, following at least one year (part time) of post clinical experience, our *Level 6 Certificate in Therapeutic Counselling Supervision (TCSU-L6)*.

# The CPCAB practitioner

## model integrates:

- › the latest research findings on the principles of effective counselling
- › a framework for levels of counselling and psychotherapy services that fits with the latest Department of Health mental health strategy
- › a generic framework of therapeutic methods that accommodates the broad range of different theoretical approaches within the field.

CPCAB qualifications enable counsellors to:

- › provide effective services that are research-informed
- › play a central role in the promotion of mental health and well-being and contribute to the latest Department of Health 10-year strategy
- › provide modality-specific services that have been assessed against generic national standards.



“CPCAB qualifications incorporate the latest research findings on effective counselling”



the only awarding body

run by counsellors

for counsellors

\*ELSK-L2, LSK-L2, USM-L2 or ICSK-L2 as marked by the dotted line are not a mandatory requirement for any subsequent qualifications.