

Welcome to the first of CPCAB's new series of
curated conversations

Let's talk about:

GEORGE
THE POET



George the Poet is a London-born spoken word performer of Ugandan heritage. His innovative brand of musical poetry has won him critical acclaim both as a recording artist and a social commentator.

George was recently awarded a 'Peabody Award' – these awards exist to “recognize when storytelling is done well; when stories matter.” Congratulations George!

Find out more [here](#).

[Click here](#) to listen to episode 1 of
'Have you Heard George's Podcast?'

Let's talk about:

→ How might the justice system become a little kinder to the people it both “cages” and cares for?

- How might prisoners leave prison with fewer mental health and substance misuse problems than when they went in?
- How do I feel about groups of young black men, when I see them walking towards me on the street?



Relevant
resources:

- Intelligent Kindness: Rehabilitating the Welfare State (2nd Edition February 2020):

“Programmes of reform are more likely to be effective if we are able, as a society, to reconnect to, and so rehabilitate, the idea that pooling resources and sharing responsibility for each other can be good for everyone. One important aspect of this kinship is its expression in the compassionate relationship between skilled practitioners and the people they are trying to help. To fail to attend to the promotion of kinship, connectedness, and kindness between staff and those they assist is to fail to address a key dimension of what makes people do well for others. Such failures can sometimes be no more than minor irritations, but they can also lead to appalling systemic abuses, neglect and maltreatment.”

- A Reader of Afri-Centric Theory and Practice: Philosophical and Humanistic Writings of Aminifu R. Harvey:

Almost twenty years ago, during CPCAB’s international conference on counselling training, we arranged for Dr Aminifu Harvey to conduct the first Remembrance for victims of the Atlantic slave trade at the site of the first slave market in Lagos, Portugal.

Dr. Aminifu R. Harvey's compilation of his selected writings is enormously important for those interested in Afrocentric theory and practice. Dr. Harvey has provided the necessary confluence between Afrocentric theory and practice and how this link can be used to explain and resolve the pressing mental and social problems that have afflicted people of African ancestry.... Dr. Harvey can and

should be viewed as one of the "founders" of what we now commonly refer to as "culturally competent" mental health and human service practice.

- [Being the Other](#)

Watch Dwight Turner's keynote presentation at last year's joint CPCAB-BACP Diversity Symposium in which he argues that moving beyond prejudice requires that we value, and listen to, the authentic voice of the other with the aim of developing an "I-Thou" relationship.

Want to find out about racism
in the counselling room?

[Click here](#) for more information on
CPCAB's 2015 Research Award
presented to Beverley Spalding at the
BACP Research Conference that year

Join the conversation on our
[Facebook](#) and [Twitter](#) pages!

The logo for CPCAB, consisting of the lowercase letters "cpcab" in white, set against a red, rounded, speech-bubble-like background.

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