

## PC-L5 Quick Reference Criteria

Learning Outcomes	Assessment Criteria
<b>1</b>	Work safely, legally and ethically as an independent counsellor
	1.1 Reflect on issues relating to establishing and managing an independent practice 1.2 Work within an ethical, legal and professional framework for independent counselling work 1.3 Respond to and manage ethical dilemmas 1.4 Research and access appropriate sources of support
<b>2</b>	Work with complex aspects of the counselling relationship
	2.1 Manage the conflicts and demands of working within relational boundaries in independent practice 2.2 Use theory and research to work with implicit aspects of the therapeutic relationship 2.3 Work with challenges and difficulties that arise in the therapeutic relationship
<b>3</b>	Use theory and research to work with client diversity in independent practice
	3.1 Reflect on theory and research on diversity issues and apply insights to counselling work 3.2 Reflect on diverse cultural perceptions of mental health and well being 3.3 Work with the social, cultural and biological factors that impact on individual clients 3.4 Reflect on diversity issues which impact on clients accessing counselling in independent practice
<b>4</b>	Use a coherent approach to respond to the needs of individual clients
	4.1 Use a coherent assessment strategy to assess individual clients and their needs 4.2 Critically reflect on different approaches to client assessment 4.3 Evaluate choice of therapeutic interventions in relation to individual clients and their needs 4.4 Reflect on and evaluate the counselling work in collaboration with the client 4.5 Use research findings on client factors to inform counselling work
<b>5</b>	Work with self-awareness as an independent practitioner
	5.1 Use insights from work on implicit aspects of own self, personal history and patterns of relating to inform counselling work 5.2 Compare and contrast different theoretical perspectives on the use of self in counselling work 5.3 Use awareness of self to work with the impact of power and authority in the counselling relationship 5.4 Use research findings on therapist factors to inform client work
<b>6</b>	Use theory, research and skills within a coherent framework for independent counselling practice
	6.1 Use theory to work with implicit aspects of client's self, personal history and patterns of relating 6.2 Use research findings to critically evaluate and develop own theoretical understanding 6.3 Integrate skills and techniques within a coherent theoretical framework 6.4 Apply research findings to inform work with common life problems and common mental health problems 6.5 Integrate concepts of psychopathology when assessing and referring clients
<b>7</b>	Monitor and maintain professional effectiveness as a counsellor in independent practice
	7.1 Critically evaluate own use of clinical supervision 7.2 Implement a clinical audit tool 7.3 Research and plan own programme for Continuing Professional Development